

## Tomato Cucumber and Feta Salad For One

Serves: 1

Prep time: 5 Minutes

Cooking time: Nil

### Ingredients:

- 1 small handful of washed mixed salad greens
- 1 Lebanese cucumber, sliced
- 6 small mixed tomatoes, halved
- 1/3 cup of chopped feta cheese
- **\*optional extra**
- Sprinkle of micro herbs, or (chopped mint, parsley or basil)
- Balsamic glaze
- Salad dressing of choice



### **Tomato Cucumber and Feta Salad for One**

*I love his refreshing healthy  
crispy salad it will nourish the  
soul and satisfy your taste buds.  
**ENJOY!***

### Method:

- Add the mixed salad leaves to a serving bowl, top with tomatoes, cucumber and feta
- **Add optional extras by**
- **\*Sprinkling with herbs**
- **\*Drizzle with the glaze or add your favourite salad dressing**
- **Simple, tasty and deliciously healthy. Enjoy!**