

Beetroot Relish

Serves: 1

Prep time: 10 Minutes

Cooking time: 30 Minutes

Ingredients:

- 1 medium raw beetroot, grated
- ½ small brown onion, finely chopped
- 40ml water
- 25g white sugar
- 40ml apple cider vinegar



*This is such a lovely side to Lamb, Beef or Pork. **Enjoy!***

Method:

- Add beetroot, onion and the water to a saucepan, cover and cook for 8-10 minutes on medium-low heat
- Add the sugar and vinegar to the mixture, cover and cook for 10-12 minutes more, stirring occasionally. Uncover and continue to cook until the liquid has evaporated
- Serve as a side
- with lamb, beef or pork. **Enjoy!**