

Medley of Roasted Vegetables

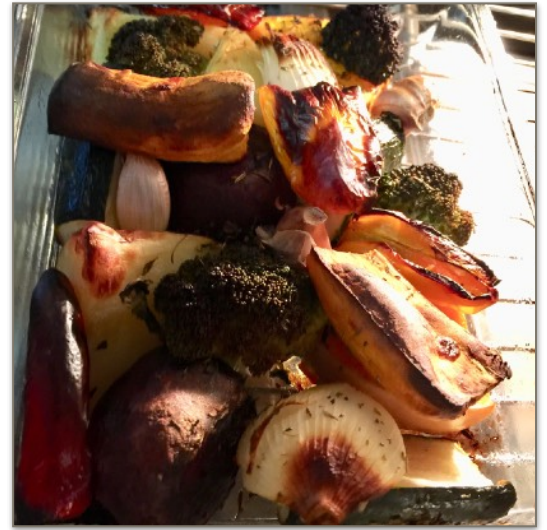
Serves: 1

Prep time: 10 Minutes

Cooking time: 45 Minutes

Ingredients:

- Any of the following vegetables
- Pumpkin
- Potatoes
- Sweet Potatoes
- Carrots
- Beetroot
- Onion
- Capsicum
- Zucchini
- Broccoli



Roasted Vegetables make the perfect side dish. Serve as a main or cook enough to use your left overs to make Bubble and Squeak

Method:

- Preheat oven 200°C
- Cut your vegetables into similar sizes
- Coat the vegetables with olive oil
- Place potatoes, pumpkin, carrots and onion on baking tray and cook in oven for 10 minutes
- Add the remainder of the vegetables and cook for 30-35 minutes or until cooked through
- Serve as a main or as a side

Note:

I like to cook extra vegetables & then fry them for breakfast as Bubble and Squeak