

Coconut Fruit and Yoghurt

Serves: 1

Prep time: 15 minutes

Cooking time: Nil



The coconut brings the flavour of the fruit to another level

Ingredients:

- 4 dried apricots chopped
- 1 tablespoons sultanas or raisins chopped
- ¼ cup fresh strawberries chopped
- 1 dessertspoon desiccated coconut
- 1 small tub (140g) of any yoghurt (I like plain)

Method:

- In a small bowl, toss the fruit and coconut together to combine
- Place yoghurt in a small serving dish, spoon the fruit and coconut mixture over yoghurt.